

Recruitment Pittsburgh

UPMC Medical Education

Getting to Know Pittsburgh

#1 Best city for jobs, 2018 (*Glassdoor*)

"A Top Food City of 2019" (*Jetsetter Magazine*)

Best place to raise children in Pennsylvania (*Business Week*)

"Best in the World" must see places of 2012 (*National Geographic Traveler*)

"Best sports city" in the country (*Sporting News*)

Best city for relocating families (*Worldwide ERC*)

Second in the nation and 32nd in the world "global livability" (*The Economist*)

Second most "green certified" buildings in U.S. (LEED benchmarking data)

Second best cityscape view in nation (night view from Mount Washington) (*USA TODAY*)

Second best amusement park (Kennywood Park) in U.S. (*Theme Parks Magazine*)

Third lowest crime rate among top 50 U.S. metro areas (*Sperling's Best Places*)

Third best mid-sized city for art lovers (*AmericanStyle Magazine*)

Ninth Best Cities for Starting Your Career (*Bankrate*)

Ninth lowest cost of living (*Forbes*)

Tenth among world's cleanest city (*Forbes*)

Tenth best place to walk in the U.S. (*Prevention Magazine*)

Top 10 Most beautiful cities in America (*USA TODAY*)

Top 10 Most literate cities (*America's Most Literate Cities*)

Top 20 Cities that eat smart, be fit, and eat well (*Cooking Light Magazine*)

Above content and more can be found here: <https://www.upmc.com/locations/hospitals/mercy/education/gme/internal-medicine/about-pittsburgh>

Getting to Know UPMC ME

Why UPMC

A world-renowned health care provider and insurer, Pittsburgh-based UPMC is inventing new models of accountable, cost-effective, patient-centered care. It provides more than \$900 million a year in benefits to its communities, including more care to the region's most vulnerable citizens than any other health care institution.

Why UPMC Medical Education

- Train excellent doctors, dentists, pharmacists and podiatrists from diverse backgrounds in a model of patient-centered care. This builds a foundation of high-value care, positive patient outcomes, and clinical knowledge that improves health.
- Build a supportive working and learning setting that helps our residents and fellows grow as role models of professionalism, caring, and compassion.
- Create a model of [professional development](#) for trainees and teachers in GME that highlights expertise, leadership skills, scholarly achievement, and career advancement.
- Foster a culture that centers on the well-being of the members of our clinical and academic community.
- Serve the health needs of diverse communities.
- Transform the health care system of tomorrow through innovation.
- Harness our combined skills to provide safe, quality, and valued patient care through GME at UPMC.

For more details regarding UPMC ME please visit: <https://www.upmc.com/careers/gme/about>

Websites & Attractions

UPMC WELL Website: <https://gmewellness.upmc.com/>

UPMC Center for Engagement & Inclusion: <https://www.upmc.com/about/community-commitment/inclusion>

UPMC ME Diversity & Inclusion: <https://www.upmc.com/careers/gme/diversity-inclusion>

Visit Pittsburgh: <https://www.visitpittsburgh.com/>

Established in 1935, VisitPITTSBURGH is dedicated to generating convention, trade show and leisure travel business for the Pittsburgh region. VisitPITTSBURGH is a not-for-profit organization serving its business membership.

Discover the burgh: <https://www.discovertheburgh.com/the-ultimate-pittsburgh-guide/>

Discover the Burgh follows Jeremy & Angie's quest to do everything in Pittsburgh and southwest Pennsylvania. Since founding the site in 2015, we have discovered 900+ attractions, restaurants, bars/breweries, and more things to do in Pittsburgh— and add new reviews weekly. So join 100,000+ monthly readers and come Discover the Burgh with us!

Fitt Pittsburgh: <https://fitt.co/pittsburgh>

Find the best places to eat, work out, fun and hike in Pittsburgh

Pittsburgh Cultural Trust: <https://trustarts.org/>

Each year, millions of people visit the Cultural District to expand their horizons in our theaters, galleries, and public art environments. Patrons enjoy thousands of world-class performing arts events and visual arts exhibitions. Pittsburgh residents of all ages connect and learn with the Trust's comprehensive education and community engagement opportunities. Local arts organizations collaborate to build a stronger cultural community through the power of partnerships.

LGBTQ Pittsburgh: <https://www.facebook.com/lgbtqPittsburgh/>

A resource for all things queer (and queer-friendly) in the 'burgh

Pittsburgh Equality Center: <https://www.pghequalitycenter.org/>

Mission: We serve as a bridge that promotes education, advocacy, and social justice for all LGBTQIA+ people and allies in Western Pennsylvania

Culture Trip: <https://theculturetrip.com/north-america/usa/pennsylvania/articles/a-walkers-guide-to-pittsburgh-7-spots-to-explore-on-foot>

Culture Trip's mission is to inspire people to go beyond their cultural boundaries and experience what makes a place, its people and culture, special, unique and meaningful.

Websites & Attractions Continued...

Atlas Obscura Guide to Pittsburgh: <https://www.atlasobscura.com/things-to-do/pittsburgh-pennsylvania>

49 cool, hidden and unusual things to do in Pittsburgh!

Urban League Young Professionals of Greater Pittsburgh: <https://ulyppgh.org/>

The Urban League Young Professionals of Greater Pittsburgh (ULYP-Greater Pittsburgh) is a volunteer auxiliary of the Urban League of Greater Pittsburgh. ULYP's purpose is to assemble Pittsburgh area professionals between the ages of twenty-one and thirty-nine committed to serving the region through activities that support the National Urban League's Empowerment Goals

Pittsburgh Urban Magnet Project (PUMP): <https://www.pump.org/advocacy/networks-and-nonprofits/#1510170356676-9e2243de-5113>

A UPMC sponsored organization, PUMP's mission is to make Pittsburgh the most dynamic and diverse place by engaging, educating, and mobilizing all young people to create change in our community.

Venture Outdoors: <https://www.ventureoutdoors.org/>

We believe everyone deserves the chance to experience how incredibly fun the outdoors can be, so we provide the gear, guidance and inspiration to make outdoor recreation part of people's lives.

Bike PGH: <https://bikepgh.org/>

BikePGH is transforming our streets to make biking and walking commonplace for all Pittsburghers in order to improve our quality of life and reduce the harmful effects of car dependence in our communities.

Trail Pittsburgh <http://www.trailpittsburgh.org/>

Trail Pittsburgh strives to provide the residents of Southwestern Pennsylvania with sustainable multi-use trail experiences with minimal environmental impact through advocacy, education, stewardship, and strategic partnerships with land managers. By facilitating safe and fun recreation, Trail Pittsburgh connects citizens with the region's expansive outdoor assets to encourage an active, healthy lifestyle.

The Fred Rogers Trail: <https://www.kidsburgh.org/roam-the-fred-rogers-trail-for-a-beautiful-day-in-pittsburgh-and-beyond/>

The [Pennsylvania Tourism Office](#) organized the Fred Rogers Trail, a three-day itinerary that starts at his birthplace in Latrobe and features associated sites and landmarks in Pittsburgh and neighboring towns. But the best news is a tribute that will allow anyone to walk in Fred's shoes, preferably wearing sneakers and a zip-up cardigan, of course.

Walk the Burgh Tours: <https://www.walktheburgh.com/>

Historical walking tours through various neighborhoods of Pittsburgh.

Websites & Attractions Continued...

Carnegie Museums of Pittsburgh: <https://carnegiemuseums.org/>

Carnegie Museums of Pittsburgh offer 4 distinctive Museums which are: Carnegie Museum of Art, Carnegie Museum of Natural History, Carnegie Science Center and The Andy Warhol Museum

Frick Museum: <https://www.thefrickpittsburgh.org/>

Continuing the legacy of Helen Clay Frick, we offer authentic experiences with art, history, and nature, in a welcoming environment that inspires and delights

Children's Museum: <https://pittsburghkids.org/>

Children's Museum of Pittsburgh is a place that delights and inspires children, where they can take off on fantastic flights of imagination daily, and return to earth to splash in a river, hammer a nail and ink a silkscreen. Named one of the nation's top 15 children's museums by Parents magazine in 2015, the Museum welcomes over 306,000 visitors annually and provides tons of fun and loads of "real stuff" experiences for play and learning. Hands-on, interactive exhibit areas and experiences that inspire joy, creativity and curiosity include The Studio, MAKESHOP, Waterplay, Nursery, Theater and Backyard.

Pittsburgh Zoo & Aquarium: <https://www.pittsburghzoo.org/>

The Pittsburgh Zoo & PPG Aquarium strives to foster positive, lifelong connections between animals and people. Whether through our exhibits, educational programs, or our many conservation projects, our goal is to make certain the Earth remains a suitable home for all life by our discovery of the interconnectedness of the natural world.

National Aviary: <https://www.aviary.org/>

The National Aviary is America's only independent indoor nonprofit zoo dedicated exclusively to birds. Located in Allegheny Commons Park on Pittsburgh's historic North Side, the National Aviary's diverse collection comprises more than 500 birds representing more than 150 species from around the world, many of them threatened or endangered in the wild.

Phipps Conservatory & Botanical Gardens: <https://www.phipps.conservatory.org/>

Our mission is to inspire and educate all with the beauty and importance of plants; to advance sustainability and promote human and environmental well-being through action and research; and to celebrate its historic glasshouse.

Websites & Attractions Continued...

Pittsburgh Parks: <https://www.pittsburghparks.org/>

Improving quality of life for the people of Pittsburgh by restoring the park system to excellence in partnership with government and the community. Projects and programs are conducted with respect for the environment, historic design, and the needs of our diverse region.

Heinz History Center: <https://www.heinzhistorycenter.org/>

The History Center is an educational institution that engages and inspires large and diverse audiences through programs that enable links to the past, understanding in the present, and guidance for the future by preserving regional history and presenting the American experience with a Western Pennsylvania connection.

Major League Sports Teams: <https://www.visitpittsburgh.com/things-to-do/pittsburgh-sports-teams/>

Pittsburgh Steelers (Football) / Pittsburgh Penguins (Hockey) / Pittsburgh Pirates (Baseball)

Cultural District: <https://culturaldistrict.org/>

The Cultural District is home to Downtown Pittsburgh's dynamic art and entertainment scene. Discover a multitude of choices for live entertainment - contemporary music, modern dance, visual art and thought-provoking theater, as well as classical music, opera, ballet, popular musical theater and more. You can find new and exciting things to do year-round in the Cultural District. The Cultural District attracts over 2,000,000 patrons annually, offering a cultural variety unmatched by many U.S. cities.

Three Rivers Arts Festival: <https://traf.trustarts.org/>

The Dollar Bank Three Rivers Arts Festival, a production of the Pittsburgh Cultural Trust, is a celebration of the arts in downtown Pittsburgh unlike any other in the nation. Each of its world-class, multi-disciplinary performing and visual arts attractions is free to attend and open to the public.

The Duquesne Incline: <http://www.duquesneincline.org/>

Take a step back in time on a century-old cable car and see the best views of downtown Pittsburgh while riding one of the few remaining inclines in the country.

Mt. Washington: <https://www.visitpittsburgh.com/neighborhoods/mt-washington/>

A grand view awaits atop Mt. Washington, one of the most visited neighborhoods in Pittsburgh.

Attractions Outside the City Limits

Seven Springs Resort <https://www.7springs.com/>

At Seven Springs Mountain Resort, the experience is everything. From fun family vacations that inspire stories to share for decades, to thrilling outdoor adventures that will break your comfort zone, to relaxation that will take you to the height of tranquility, you can find it all!

Laurel Highlands <https://www.laurelhighlands.org/>

A magnificent mountainous region, the Laurel Highlands spans 3,000 square miles of Fayette, Somerset and Westmoreland Counties in southwestern Pennsylvania. Located just east of Pittsburgh, our beautiful [four-season](#) destination offers spectacular [natural scenery](#), outstanding [outdoor recreation](#) venues, [historic sites & attractions](#), [family activities](#) and world class [resorts](#).

Falling Water <https://fallingwater.org/>

Fallingwater was designed in 1935 by renowned American architect Frank Lloyd Wright. Today, the public can visit and tour this iconic symbol of people living in harmony with nature.

McConnells Mill State Park <https://www.dcnr.pa.gov/StateParks/FindAPark/McConnellsMillStatePark/Pages/default.aspx>

This state park which is located in Lawrence County, encompasses 2,546 acres of the spectacular Slippery Rock Creek Gorge, which is a National Natural Landmark. Created by the draining of glacial lakes thousands of years ago, the gorge has steep sides while the valley floor is littered with huge boulders. Scenic overlooks and waterfalls are popular natural attractions.

Presque Isle State Park <https://www.dcnr.pa.gov/StateParks/FindAPark/PresqueIsleStatePark/Pages/default.aspx>

Presque Isle State Park is a 3,200-acre sandy peninsula that arches into Lake Erie. As Pennsylvania's only "seashore," Presque Isle offers its visitors a beautiful coastline and many recreational activities, including swimming, boating, fishing, hiking, bicycling, and in-line skating.

WaterFire Sharon <https://www.facebook.com/WaterfireSharonPa/>

WaterFire Sharon incorporates over fifty sparkling bonfires ablaze on the Shenango River, emitting the fragrant scent of aromatic cedar and pine as silhouettes of firetenders pass by the flames. Mercer County, PA visitors will experience interactive exhibits, art, fire performers, musical groups, professional vocalists, food and other quality entertainment.

Videos & Articles

Videos:

- Future.Forged.For All: <https://www.youtube.com/watch?v=XEw2Ky5XxDM>
- Pittsburgh The Comeback | TIME: https://www.youtube.com/watch?v=MMCO_NTcRxI
- Pittsburgh PA- Drone Footage: <https://www.youtube.com/watch?v=liQxXqcQFKA>
- Welcome to Downtown Pittsburgh: https://www.youtube.com/watch?time_continue=2&v=ElQHPNmTiaA&feature=emb_logo
- Pittsburgh: It's Better Than You Thought | Atlantic Magazine: <https://www.youtube.com/watch?v=z9xMdIKM0qE>
- Pittsburgh Dirty Dozen Bike Race: <https://www.youtube.com/watch?v=IODUAvbVRnM>

For a list of articles and interesting facts about Pittsburgh please visit:

<https://www.upmc.com/locations/hospitals/mercy/education/gme/internal-medicine/about-pittsburgh>

Culinary Arts: Award Winning & Honorable Mentions

Restaurants:

- **Burgh'ers Brewing:** <http://burgherspgh.com>
Named one of five best restaurants in the country for the James Beard Foundation's 2018 Blended Burger project
- **Whitefield:** <http://www.whitfieldpgh.com/>
Led by James Beard award-nominated chef Bethany Zozula, serves fare from Western Pennsylvania. With influences culled from the rich and varied culinary traditions of the region's Polish, German, Eastern European, Italian and Jewish settlers.
- **Butcher in the Rye:** <https://www.butcherandtherye.com/>
Nominated for a James Beard Foundation Award for outstanding bar program and Thrillist has named it one of the nation's 21 best cocktail bars.
- **Meat & Potatoes:** <https://www.meatandpotatoespgh.com/>
Awarded Best Gastropub in the US by Food & Wine magazine
- **Pork & Beans:** <https://www.richarddeshantz.com/Restaurants>
Named One of the Best New Restaurants by Pittsburgh Magazine and featured on the Travel Channels show Food Paradise
- **Gluuteny:** <https://gluuteny.com/>
An award winning, dedicated gluten free and dairy free bakery in Pittsburgh with vegan and soy free offerings serving retail, wholesale and online customers.
- **Paris 66:** <https://www.paris66bistro.com/>
A popular Eastside French Bistro that has won numerous awards including Best French Restaurant, Best Wait Staff, Best of the 'Burgh.

Think Globally Eat Locally: <https://www.pittsburghmagazine.com/think-globally-eat-locally/>

Pittsburgh slowly is moving closer to becoming a global dining destination while maintaining a culinary connection to its industrial past. PM Dining critic Hal B. Klein profiles 16 international restaurants you need to visit.

Vegan Pittsburgh: <https://veganpittsburgh.org/>

Our mission is to create collaborative working relationships between Pittsburgh business owners and the local vegan community, in order to increase the visibility and accessibility of vegan dining options.

Minority-Owned Businesses/ Areas of Interest for Minorities

City of Asylum (<https://cityofasylum.org/>): music events, book releases and talks, etc. all available at no cost, and minority focused

August Wilson Center (<https://aacc-awc.org/>): currently pivoting to move their events to an online platform

Manchester Craftman's Guild (<https://mcgjazz.org/wp/>): Jazz concerts

Casa Brasil (<https://www.casa-brasil.com/>): black-owned restaurant in Highland Park (REALLY good food)

Fudge Farm (<https://goodhouse.com/>): minority owned chocolate/dessert shop in Lawrenceville & South Side

ShadoBeni (<https://shadobeni412.com/>): Trinidadian Vegan food (Local farmers markets: Squirrel Hill (Sundays); East Liberty (Mondays); Lawrenceville (Tuesdays).

Pure Grub(<http://www.puregrub412.com/>): Serving gluten and dairy free foods, Pure Grub specializes in using organic and naturally grown ingredients.

Fresh Fest (https://www.facebook.com/freshfestdigifest/?ref=py_c): Fresh Fest is the country's first Black Brew Festival – a celebration of black-owned breweries regionally and across the country.

Blanket and Board (<https://www.blanketandboard.com/>): Provides fun, outdoor experiences for friends to come together and indulge with fancy picnics!

Cocoapreneur (<https://cocoapreneur.com/>): Khamil Scantling, a graduate from the University of Pittsburgh started Cocoapreneur with a mission to foster an environment of economic prosperity in order to ensure more sustainable neighborhoods for the historically African American communities and neighborhoods around Pittsburgh, PA

For a comprehensive list of black owned businesses in Pittsburgh please visit:

<https://www.visitpittsburgh.com/blog/black-owned-pittsburgh/>